

SPECIAL ADVERTISING SECTION

# **Transition Time**

BY JASON SHANDLER

lew things in life are more stressful than moving. Along with everything else that goes with it, the change of environment can be an unsettling process that takes time to get used to.

You think we have it rough? Try being a filly or mare that has spent the last two, three, or even five years of her life at the racetrack, and then one day gets whisked off to the farm to become a broodmare. Luckily, horses are often much more resilient than humans, which helps make the transition a little easier.

In those approximately three months or so between when a female horse leaves her career as a racehorse until the time she is bred, there are many new things to which she must get acclimated. Changes in surroundings, feed, and exercise are just some of the challenges therein.

Fall or early winter is normally the ideal time to begin the process of prepping a filly or mare to become a broodmare. For some, the best way to start the transition is by giving her a few weeks at the racetrack to "let down." Other owners like to send their horse to the farm immediately.

"It all depends on the owner, but either way it's a big transition for a horse," said Churchill Downs-based trainer David Carroll, who one day will help make the transition for his star 4-year-old filly Acoma, a six-time graded stakes winner. "If you think about it, they go right from the track, where they are in their stall all but an hour or two a day, to being turned out. It's a bigger deal with a colt, but it's still a change.

"If they are kept at the track for a bit, we try to cut back on their exercise and feed. They are athletes who are now not going

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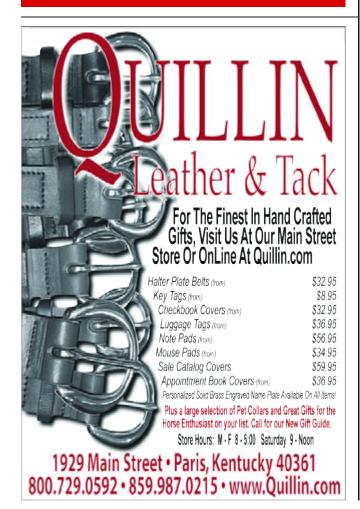
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to be training anymore, so we'll just hand walk them and cut back on their protein a little."

While some of Carroll's owners prefer waiting a couple of weeks, most of the future broodmares that Hall of Fame conditioner D. Wayne Lukas has trained went immediately to the farm after they were done racing.

If there is anyone who knows a thing or two about taking care of exceptional fillies and mares, it is Lukas, who has trained champions Lady's Secret, Winning Colors, Serena's Song, and Folklore. A Thoroughbred trainer for more than 30 years, Lukas said his major clients prefer getting their soon-to-be broodmares into their new routines right away.

"There is usually no down time at all. If their nutrition is right and their blood work comes back fine, we'll send them right away," Lukas said. "I've had great luck with my mares, even the champions, sending them right to the breeding shed and having them settle on the first cover. Most of them raced right up to being bred. In fact, I think we bred Spain (the 2000 Breeders' Cup Distaff, gr. I, winner) and then brought her back to the track before we decided not to run her."

Breeding a filly or mare and then bringing her back to the racetrack is not all that uncommon. It is a practice many owners have used with success, although there is a bit of risk involved.

"It's kind of like trying to have your cake and eat it too," said Mark Partridge, farm manager at 1,400-acre Ramsey Farm near Nicholasville, Ky. "If a horse is still sound and she has a good chance to win another stakes race, it's not a bad idea sometimes. Some mares thrive on it, but there is a certain amount of risk to it. We've done it three times, I believe. We had success with On the Bus (who won a stakes race as a 6-year-old after being bred)."

#### TIME FOR A CHANGE

Once the filly or mare is shipped to the farm, there are several things to contend with, mainly just getting them acclimated to their new life and preparing them for breeding. The first couple of weeks are the most important, as they must get used to a whole new schedule.

While each farm has its own way of handling the transition, Tom Clark, farm manager at James and Gail Peyton's Forging Oaks Farm near Lexington, prefers to keep the future broodmares isolated initially.

"We'll put them in quarantine for a couple of weeks," said Clark, who manages the 170-acre farm that currently houses about 18 broodmares. "The idea is to keep them away from the herd so they don't get sick, or if they are sick, give them time to recover.

"After two or three weeks by herself, we try to find a buddy for her, usually an older or barren mare from the previous year. They are usually calmer, which helps the new mare settle in easier.

"Usually, it only takes about a week for them to settle in and get their minds right. The main thing is just trying to get them in tune



Maiden mares are often paired with older or barren mares

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Fillies and mares go from the track, where they are in their stalls most of the day, to the farm, where they are turned out much of the time

with being a horse again."

One thing many farm managers pay close attention to in the first week is the feet. Often times, Clark said, because the horses are coming off the racetrack, their feet are sore. Special attention is given to removing the horse's shoes. He handles each case differently.

"Very seldom do we pull shoes off without problems," Clark said. "The feet are usually sore until we can build them back up again. It's important to have a good farrier to know whether to go with shoes or without. Sometimes we'll leave the shoes on two or three months."

Other farm managers, such as Partridge, will "pull the shoes" on the first day.

In that all-important first stage, the horse's exercise routine must be gradually changed. For the first few days, Clark likes to walk his fillies and mares in a portable round pen in the paddock "until they calm down." After four of five days he will turn them out in the paddock.

Partridge will tranquilize his new horses to help make the process easier.

"We like to turn them out for a couple hours in the morning and then a couple hours in the afternoon," said Partridge. "If we didn't tranquilize them, they might go flying around the fields and run through a fence."

Whichever method is preferred, within a short period of a time all the future broodmares are turned out for good. Nothing makes a horse happier than having the freedom to roam 24 hours a day.

"I've never had one stand at the gate to come inside," Partridge said.

Nutrition is handled differently at each farm. Some farm managers keep their horses on the same feeding schedule as



Shoes are pulled after the horse arrives at the farm







when they were racing; others make subtle changes such as varying the amount of food or the times per day when the horses are fed.

"We have a regular broodmare formula we use; it's nothing out of the ordinary," Partridge said. "It's a nuggeted feed, as opposed to a sweet feed they use at the track. The sweet feed is made of small pellets, oats, and molasses. The nuggeted feed is drier and the pellets are bigger."

While feed isn't drastically altered, one thing that has changed over the past couple of years at Ramsey Farm is the drinking water. Ken Ramsey, an Eclipse Awardwinning owner who bought his property in 1994 and has bred several stakes-winning mares, including grade I winner Precious Kitten, makes sure all of his horses are getting the finest nutrition, and it begins with the water.

"The day our horses are bred we give them spring water. I had city water taken off the farm a while ago, and we give all of them well water. I want the right vitamins and minerals in their water.

"We also vaccinate all of our mares for abortion and do soil tests every year. We keep lush grass in all our fields. We want to raise the best, healthiest horse we can."



As breeding season approaches, mares are put under lights to simulate a longer day

As time draws closer to breeding season, usually in November or December, each filly or mare is put "under lights." The idea is to simulate a longer day and to trick the horse into thinking it is spring, which

is the natural time of year that mares will go into heat. Ideally, a mare is under lights for about 16 hours each day. Hopefully, this will speed up nature's process so she is ready to be bred in February.

